This can never be brought to our attention often enough. It could save a life!

The FAST Test

The FAST test identifies the most common symptoms of a stroke or mini-stroke in three easy to recognise categories.



Facial weakness: Can the person smile? Has their

face fallen on one side?



Arm weakness: Can the person raise both arms and keep them there?



understand what you say? Is their speech slurred?



Time: If you see any one of these three signs,

it's TIME to call 999.

Stroke is always a medical emergency that requires immediate attention